



Medicine Lake



Pole Cyn Overlook



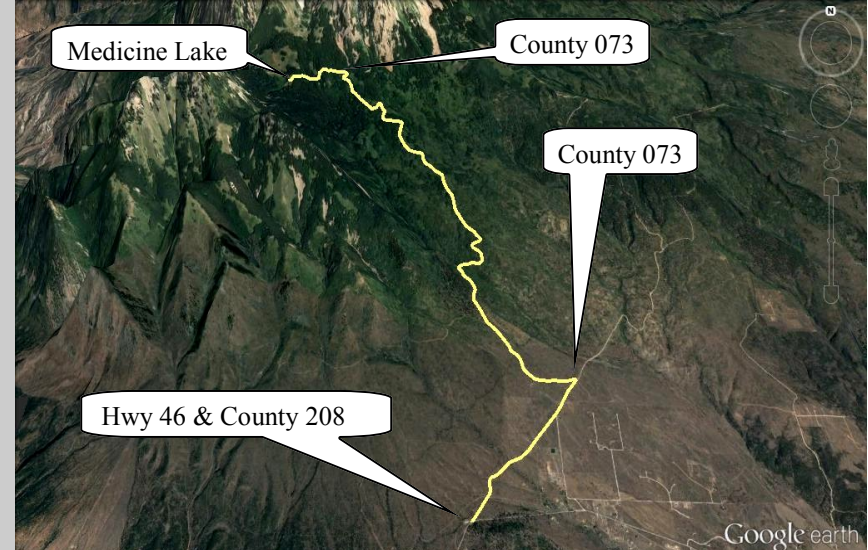
The Terraces

Ride #085

The "**Medicine Lake**" ride is an moderate 10 mile loop.
This Ride starts at Medicine Lake Campground.
Motorized is not allowed on most of the trails
but Mountain Bikes are.
Most of the ride is in forest with some road crossings.
There are some water crossings as well as
5 small wooden bridges.
It's a beautiful ride especially during the summer.
Summer is warm, but these rides
are all above 8000 feet, much cooler .

Extra Riding

There are several trails leaving the
Medicine Lake campgrounds,
some are out-and-back and others are loop rides.
You can easily ride 20 miles in this area.



Directions to Trailhead

Trailhead

From the South Side Shell Gas go 18 miles South on Hwy 191 to Hwy 46,
Look for a Left Turn on to Hwy 46 to the Town of La Sal.
You will go 12.6 miles on 46 to a County road #208
Follow #208 for 2 miles to County road #073
Follow #073 for 7 miles to Medicine Lake.
#073 is the "La Sal Pass Road"

Medicine Lake Trail Map

A 10 mile loop in the forest.
This ride first goes to the Pole Canyon overlook,
then tracks back and picks up the "Burl Friends"
loop trail which circles around back to Medicine Lake.
Pole Overlook is 10,700 feet
Medicine Lake is 10,200 feet
Lowest point on ride is 9,200 feet.

